

PE curriculum Overview 2025-26

	Autumn 1	Autumn 2	Spring 1		Spring 2		Summer 1		Summer 2	
Year 1	Fundamental movements/ ABCs	Awareness	Gymnastics	Dance	Sending & Receiving		Competitive		Athletics	
Year 2	Fundamental movements/ ABCs	Awareness	Gymnastics	Dance	Sending & Receiving		Competitive		Athletics	
Year 3	Fundamental movements/ ABCs	Attack & defend	Gymnastics	Dance	Sending & Receiving		Tactics and strategies	Competitive	Athletics/Striking and Fielding	
Year 4	Fundamental movements/ ABCs	Attack & defend	Gymnastics	Dance	Sending & Receiving		Tactics & Strategies	Competitive	Athletics/Striking and Fielding	
Year 5	Fundamental movements/ ABCs	Attack & defend	Gymnastics	Dance	Sending & Receiving	Swimming	Tactics & Strategies	Competitive	Athletics/Striking and Fielding	
Year 6	Fundamental movements/ ABCs	Attack & defend	Gymnastics	Dance	Sending & Receiving		Tactics & Strategies	Competitive	Athletics	Outdoor Adventurous Activities